

The Characteristics of the Visual Learner

Visual refers to sight so if you have a preference for a visual learning style you are probably someone who can visualise a passage of text in your mind, or you can remember the way to someone's house even if you have only been there once. You are probably good at remembering faces and recognising people. When asked to recall information you may close your eyes to visualise what you are trying to recall

What visual learners should do at school or college

You will take in information more effectively if your teachers or lecturers use visuals such as charts and graphs or images to represent what they are talking about. You will prefer text books that have diagrams and pictures and you will probably prefer to underline or highlight text or even use symbols to notate the book while you are reading it.

To study more effectively you should consider the following tips

- Study alone as much as possible so that you remember what you read. Noise even from a study partner will often distract you.
- Colour code your notes, underline text or include symbols or images.
- Use graphic organisers or mind maps to help you organise and memorise the subject that you are studying
- Practise turning your visuals back into words.